



ST. LUKE CYO TENNIS



St. Luke Parish and School has developed a competitive and enjoyable CYO tennis program over the past decade. The beginning of the tennis season coincides with the beginning of the school year which has created some confusion in the past. So, we want to get the word out early so families and volunteers can begin to plan.

Who: 4th to 8th Graders

What: Beginner to Intermediate leagues for lower school and middle school children. There is also an Intermediate to Advanced league for middle school children.

When/Where: Matches are held on Sunday afternoons from mid-September to late October at various Fairfax County High Schools.

For the US Open I Team, the weekly practice will be held Tuesday afternoons from 4pm – 5:30pm at the Mclean Hamlet Swim and Tennis Club. Practices will be led by the certified tennis professionals from Tennis Central.

How: Arlington Diocese uses a centralized website for all CYO Sports Registration. <https://reg.sportspilot.com/106551/login>

Cost: \$99 per player
Team formation is heavily dependent on the number of registered players in the league and coach availability. Refunds will be issued if we do not have enough players to form a team.

Registration Instructions:

- Log Into Your Existing Account/Create a new account
- Add a family member, specifically your child(ren)
- Begin Registration
- Select Child You Wish to Register
- Select NVJCYO – Fall – Tennis - 2019

Registration Tips: You will need the following information:

- Emergency Contact Information
- T-Shirt Size
- Health Provider and Insurance Information
- Credit Card information



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Dear Parents,

Like any other youth activity, parental leadership is needed. The primary responsibilities for a CYO Coach are:

1. Lead one practice session per week for your team.
2. Secure a practice location. Fairfax County allows for the rental of tennis courts. Alternatively, you may belong to a local tennis club that will allow you to reserve court time.
3. Attend the Sunday matches during the fall.
4. Take all of the required Virtus training and background checks.

The Arlington Diocese offers several leagues for youth tennis. Listed below are the leagues and where coaches will be needed for the upcoming season. Participation in a league is heavily dependent on the number of registered players and coach availability.

Wimbledon I -- Need a coach

- 4th and 5th grade players, beginner to intermediate level
- Play with orange ball (60% compression), bounce serve from the service line

Wimbledon II -- Need a coach

- 4th and 5th grade players, beginner to intermediate level
- Play with green dot ball (80% compression), bounce serve from the baseline

U.S Open I -- Brad Pace is returning as the coach. If interested in playing, please contact him at bp13@yahoo.com

- 6th through 8th grade players, beginner to intermediate level
- Regular ball and regular overhand serving.

U.S. Open II -- Need a coach

- 6th through 8th grade players, intermediate to advanced level.
- Regular ball and scoring, must be able to overhand serve the ball in more than 50% of the time.